SHOPPERS DRUG WART

EDMONTON

Who wears short shorts?

Dudes wear short shorts men's trunks take an itsy-bitsy turn PAGE 14

Mom dons bikini in spite of jerks

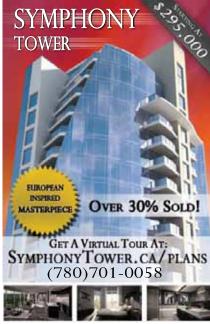
Rally to support mother of five whose stretch marks were mocked by strangers PAGE 4



A LOOSE-LIPPED PILOT & A MANDATORY **ENGAGEMENT RING?**

IT'S TOUGH TIMES FOR TRAVOLTA AND SHEEN, ACCORDING TO METRO DISH PAGE 13







Former Alberta premier Alison Redford during her resignation speech as premier in March. Redford took the additional step of resigning her seat as an MLA on Wednesday. THE CANADIAN PRESS FILE

RCMP must look into government flights: Hancock

Alison Redford. Former premier resigns as MLA with auditor's report set for Thursday release



RYAN **TUMILTY**

Premier Dave Hancock called on the RCMP Wednesday to investigate the use of government aircraft after former premier Alison Redford resigned as an MLA, the day before the release of what's expected to be a damning report from the auditor general on her use of the planes.

Redford announced early Wednesday she would be resigning her Calgary-Elbow seat. The auditor's report is set to be released Thursday.

Hancock has already reviewed the report and said, after seeking legal advice, he wants the Mounties to examine the issue.

"As soon as the report is publicly available tomorrow I will be directing the Minister of Justice and Solicitor General to refer this matter to the RCMP," he said in a statement.

In a follow-up news conference, Hancock wouldn't reveal what in the report triggered his decision, but said he wants the public to have confidence in government.

"I think in the interest of completeness and the interest of the public being fully satisfied that everything appropriate has been done, that it is appropriate to have certain uses investigated," he said.

Redford announced her resignation through a letter to newspapers in Edmonton and Calgary, acknowledging she could have done better.

"In hindsight, there are

many things I would have done differently," she said. "That said, I accept responsibility for all the decisions I have made."

Reports of misuse of government aircraft emerged last week, including allegations the premier's office booked false passengers so the premier could fly alone.

Hancock said it was time for Redford to step down so the province could move forward.

"The premier, in my view, did the honourable thing by tendering her resignation," he

Hancock said he doesn't believe anyone else needs to be held accountable for any possible misuse of government aircraft and rejected the notion his government had a sense of entitlement.

"I do not believe this is a systemic issue. I do not believe cabinet members are abusing their role," he said.



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Reaction

Field of would-be premiers keeps distance from Alison Redford

The perceived frontrunner in the race to become the next premier had few words about Alison Redford's resignation from the legislature Wednesday, while the other two candidates were quick to say "good riddance" and claim the moral high ground.

PC leadership candidate Jim Prentice declined an interview request, referring Metro to his Facebook statement, which called Redford's resignation "the right and honourable thing."

Ric McIver and Thomas Lukaszuk held news conferences to share their views.

"I started cleaning out the rot in January, when I killed the sky palace," McIver told reporters, using a colloquial phrase for the penthouse executive suite Redford wanted to build.

McIver added he "wouldn't be surprised" if pressure from the PC caucus, in addition to Thursday's looming release of a report into Redford's use of government aircraft, led to her decision to quit.

Lukaszuk told reporters Redford's actions "cast a shadow" over the party, the government and politicians in general. He said he was an early critic of Redford's and paid a political price for it at the time.

"There was a reason I was demoted abruptly (in December) from the position of deputy premier," he said. "I was the first one to say that ... this government has lost the authority to govern, while the premier was still in her seat."

ROBSON FLETCHER/ METRO IN CALGARY



Redford's flood work unfinished: Resident

Historic flood fallout.

Many homes remain abandoned or are still under reconstruction



JEREMY NOLAIS Metro in Calgai

Darrell Johnson lost his cat, his home and his health in last June's historic flood.

He's never met Alison Redford but, like many in her former riding of Calgary-Elbow, he has an opinion about her. "She's the kind of person that looks out for herself," said Johnson, 58. "I don't think Alison Redford helped me one bit."

Redford resigned from her MLA post on Wednesday.

In an online statement, the former premier said: "For the past few months, I have focused on constituency work, much of it related to helping families still coping with the aftermath of the floods. I felt that work was important, but it is now complete and it is time to move forward."

But Johnson said he's far from finished with the night-

Scope

100,000

The number of people displaced by the flooding in central and southern Alberta in 2013 — 90,000 were ordered to evacuate in Calgary alone

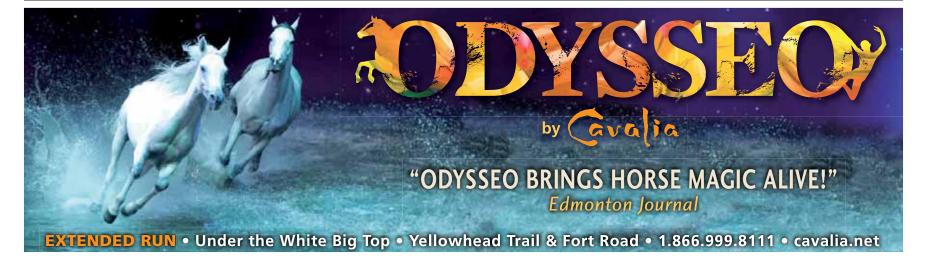
mare left in the wake of the 2013 flood. His suite still looks "like a bomb blew up in it," and his health isn't what it used to be.

He was asleep in the suite when the water rushed in and claims to have spent three days in the upper storey of his landlord's home, unable to reach food or water.

When it came time to begin cleaning up, Johnson says he developed an infection in his arm and spent a month in hospital. All told, he's received \$13,500 in provincial government compensation since the flood — not nearly enough to rebuild his life, he says.

He never even found his cat, which either fled or was killed during the flood.

"I am that one-in-1,000 guy that had everything go wrong," he said.



metr⊕ **NEWS**



in downtown Edmonton to support the mother, who says she was mocked over her stretch marks.

Proud moms bare bellies in bikinis

Stretch Marks.

Fellow moms support Edmonton woman mocked over her stretch marks

After having five kids, Tanis Jex-Blake bravely decided it was time to head to the beach in a bikini.

It had been 13 years since the Edmonton woman pulled on a two-piece, but didn't expect her bare belly and stretch marks were so extraordinary that they would become a topic of conversation around the world.

The 33-year-old said that she was lying on a beach west of the city last week when two young men and a woman pointed and laughed at her stomach, and called her "nasty" and "gross.'

She rolled over and tried to ignore them, but tears

90 per cent of women get stretch marks at some point during their pregnancy.

later gave way to anger and she posted an open letter on her Facebook page describing the encounter, along with photos of her mommy tummy.

She has since received hundreds of messages, even pictures from other women showing their imperfect mid-sections. Her story has also made news in several countries, including Germany and Australia.

"It kind of went crazy. I was just expecting to reach local people," Jex-Blake said Wednesday at a "Bare Your Belly" rally in Edmonton.

Amid cheers, she doffed a sundress to reveal a pink string bikini, then joined

"I saw her story on Facebook and was just crushed by it ... I couldn't believe someone would do that to another human being."

Amanda Lanctot on Tanis Jex-Blake

about two dozen women walking and dancing around in their swimsuits near a fountain and wading pool outside city hall. Many held signs encouraging people to love all body shapes.

Some, like Amanda Lanctot, said Jex-Blake inspired her to put on a bikini for the first time in a decade.

"I saw her story on Facebook and was just crushed by it," said the 35-year-old mother. "I couldn't believe someone would do that to another human being." THE CANADIAN PRESS



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metronews.ca
Thursday, August 7, 2014

New app brings sounds of the past to modern world

Soundwalks. Heritage council seeks to expand audio tour/history lesson to several parts of city



RYAN TUMILTY ryan.tumilty@metronews.c

Edmontonians can now listen in on the past through a new app launched by the city's heritage council.

The Edmonton Sound-walks app is part auditory tour and part history lesson, exposing users to information about some of the buildings around Churchill Square while also letting people hear from historical figures.

The council's executive director, David Ridley, said app developer Don Hill has used archival sounds and present-day interviews to bring history to life.

"He has found a way to cre-

ate a conversation between the living and those that are no longer with us," he said.

Ridley said the heritage council was impressed with the idea and hopes to expand it to other parts of the city over time.

"This is our first kick at it, as a sort of proof of concept and to see how people respond to it," he said.

Hill said using the recordings is ideal because they bring people into the time period.

"What's wonderful about sound is that it never ages," he said.

Hill said the app uses a type of immersive sound that will make people feel as though the sounds are all around them. He hopes to use it for other historical areas, such as Old Strathcona.

"Once you get used to it, it provides all kinds of other opportunities in terms of mapping interesting places in our city."



Pop-up stores happy to stick around



A pop-up market in a funeralhome parking lot may have raised a few eyebrows at this summer's Whyte Avenue Art Walk, but it also exemplified what's possible with the city's burgeoning pop-up movement.

"We want to encourage traffic in neighbourhoods and push the 'made local' initiative. We call it intentional consumerism," said Marissa Loewen, owner of On the Spot Pop Ups.

The enterprise started a couple of years ago with a "make it, bake it or create it" mantra in the empty space

beside Duchess Bakery on 124th Street.

Today, more than 400 local artists — clothing and furniture designers, bakers, painters, potters and more — are part of the collective, selling locally made goods at one- or two-day events around town.

"I couldn't afford a brickand-mortar store, so this is perfect," said new collective member Mel Wojcicki, whose Roam Vintage Home has become a quick hit on the popup circuit.

Wojcicki sells vintage home decor and furnishings from an 11-foot, 1966 trailer and also refinishes and sources specific pieces for customers. She said people love to come see what her mobile shop offers.

"Vintage is definitely a trend — it's not only 'green,' but it's a talking point, a way to find unique treasures," Wojcicki said. "And it's far better than what you can get out of a box from Ikea."

Roam Vintage Home will pop up next at the 124 Grand Market this Thursday evening. A large pop-up event is also set for the Mercer Collective on Sept. 27. LUCY HAINES/FOR METRO

Lasting trend

On the Spot Pop Ups has twice partnered with the city for events at Boyle Street Plaza, turning the gym into a café and art gallery.

 The city's 90 Ways to 90% Less Waste program promotes related ideas: mindful grocery shopping (buy only what you need) and buying vintage clothing and

Anthony Henday Drive

Police seek any witnesses to street racing

Edmonton police are asking anyone who witnessed two cars racing on Anthony Henday Drive on Friday to step forward as they search for the drivers. A silver four-door Acura TL and a black four-door Infiniti G35 were seen driving at high speeds and passing other vehicles along Anthony Henday between 127th Street and 97th Street on August 1 at approximately 8:55 p.m.

The EPS Specialized
Traffic Apprehension Team
(STAT) is asking any witnesses to come forward. METRO

Trafficking tip

Two arrested after drug seizure in Fort McMurray

RCMP in Fort McMurray have arrested two people believed to have been trafficking cocaine across the Alberta-Saskatchewan border. Billy Janvier and Marlin Herman were both arrested on Monday.

Police say local law enforcement received a tip that the pair had travelled to Fort McMurray to buy cocaine and planned to resell the drug in La Loche, Sask.

During the arrest, police discovered two ounces of cocaine. The pair will appear in court on Aug. 12. METRO

Wabamun

Woman killed by CN Rail train west of Edmonton

A woman is dead after being hit by a train west of Edmonton early Wednesday morning.

CN Rail contacted area RCMP at approximately 2

a.m., alerting them that a pedestrian had been struck by one of its trains near the community of Wabamun.

Police have yet to identify the victim and are currently interviewing witnesses

RCMP advise people to keep away from train tracks, as people who are found near them will be considered trespassers. METRO



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Russia

Russia, Canada trade sanctions over Ukraine

Canada on Wednesday slapped fresh sanctions and travel bans on several top Russian and Ukrainian politicians and groups with ties to President Vladimir Putin's government, as Moscow responded with titfor-tat sanctions of its own.

Canada's latest round of sanctions, imposed in co-ordination with the U.S. and EU, came amid reports Russia is massing troops along the Ukrainian border.

But Putin quickly retaliated, ordering state authorities to come up with a list of agricultural products from countries that have imposed sanctions on Russia. Those imports will be banned or restricted for up to a year. The CANADIAN PRESS

Italy

Concordia captain called 'unworthy' as safety lecturer

A Rome university professor is facing a disciplinary hearing after inviting the captain of the shipwrecked Costa Concordia cruise liner to lecture students on emergency procedures.

The dean of Rome's Sapienza University, Luigi Frati, voiced anger Wednesday at the professor's decision to invite Capt. Francesco Schettino to give a seminar, calling it an "inappropriate and unworthy choice."

The university dismissed the "pathetic excuses" offered by the professor, Vincenzo Mastronardi, when confronted by the dean.

Schettino is being tried for manslaughter and other crimes over the 2012 capsize of the Concordia, in which 32 people died. THE ASSOCIATED PRESS

NEWS

metronews.ca Thursday, August 7, 2014



Messages of peace and hope in Hiroshima

A girl prepares to release paper lanterns bearing messages of peace in the Motoyasu River near the Atomic Bomb Dome in Hiroshima, Japan, on Wednesday, as Japan marked the 69th anniversary of the atomic bombing of the city, kyodo news/the associated press

Experimental Ebola drug sparks debate

'The responsible thing to do.' Ethical questions raised amid deadly outbreak about who gets access to treatment

The use of an experimental drug to treat two Americans diagnosed with Ebola is raising ethical questions about who gets first access to unproven new therapies for the deadly disease. But some health experts fear debate over extremely limited doses will distract from tried-andtrue measures to curb the growing outbreak - like more rapidly identifying and isolating the sick.

A shot in the dark

Scientists stress there's no way to tell if the experimental drug ZMapp really made a difference for two U.S. aid workers infected in Liberia.

"We don't even know if it works," stressed Dr. Anthony Fauci of the National Institutes of Health.

The World Health Organization is convening a meeting of medical ethicists next week to examine what it calls "the responsible thing to do" about whatever supplies eventually may become available of a medicine that's never been tested on people.

At least one country involved in the outbreak is interested in the drug: Nigeria's health minister said at a news conference that he had asked U.S. officials about access.

There is no proven treatment or vaccine for Ebola, which so far has infected more than 1,700 and killed more than 930 in West Africa.

"How many times have we found magic therapies that ended up ... doing more harm than good?" cautioned University of Minnesota professor Michael Osterholm, who advises the U.S. government on infectious disease threats.

"Vaccine and drug treatment right now is not going to be the main way you bring this to a stop," he added.

THE ASSOCIATED PRESS

Kenya. Offered goats and cows for Chelsea Clinton, man killed by elephant

The editor of a weekly magazine says a Kenyan man who once offered former U.S. president Bill Clinton 40 goats and 20 cows for his daughter Chelsea's hand in marriage has been killed by an elephant.

Dorothy Jebet, editor of the Kass Weekly, said Wednesday journalist Godwin Chepkurgor was attacked by an elephant herd while on assignment for the magazine. Jebet says Chepkurgor was attacked from behind Friday by a bull elephant that scooped him up with its trunk and threw him in the air.

Jebet said the journalist landed on sticks that pierced his stomach. THE ASSOCIATED PRESS

South Africa. Brother of Oscar Pistorius still in ICU after highway collision

Oscar Pistorius's older brother Carl remains in an intensive care unit in a South African hospital and is on a ventilator after a serious car crash last week.

The Pistorius family said in a statement Wednesday that Carl Pistorius was still in ICU in Pretoria "due to the serious nature of the injuries sustained

in the accident," and said he was "showing signs of improvement." Carl reportedly sustained multiple fractures Friday in a head-on highway collision.

Oscar Pistorius is due to return to a Pretoria courthouse on Thursday for the start of final arguments in his murder trial. THE ASSOCIATED PRESS

Baghdad car bomb attacks kill at least 51

Iraq. Densely populated Shiite neighbourhood target of attacks

A string of car bombs tore through busy shopping streets in several Baghdad neighbourhoods Wednesday night, killing at least 51 people as the army announced one of its airstrikes killed 60 militants in the northern city of Mosul.

Baghdad police said the first attack was a pair of car bombs that exploded in the densely populated Shiite neighbourhood of Sadr City, killing 31 people, followed by another bomb in the nearby area of Ur that claimed another 11 lives.

Nine more people were killed southeast of the city by

Baghdad has been on edge since Sunni militants led by the radical Islamic State group conquered large swaths of the country's north, including the secondlargest city of Mosul.

While the fighters have stopped short of advancing on the capital, there has been a steady campaign of car bombs in the city.

The attack came as staterun television announced a rare government victory with an airstrike against a key building in Mosul that killed some 60 suspected militants.

The report, which cited unnamed intelligence officials, could not be independently verified, nor did it say whether any civilians had been killed in the strike on the northern city of Mosul.

THE ASSOCIATED PRESS

Syria

Militant fighters leave town days after capturing it

Some Syrian militant fighters have started withdrawing from the Lebanese town they captured five days earlier as a new 24-hour ceasefire was announced Wednesday, according to the Lebanese army and the Muslim clerics that mediated the deal.

It is not clear how many militants are actually leaving the border town of Årsal and previous ceasefires have collapsed, but three more captured Lebanese soldiers were released as part of the agreement, according to the mediators in a televised press conference.

"Most of the gunmen have begun moving toward Syria,' said Sheik Hussam al-Ghali, a member of the Association of Muslim Scholars.

THE ASSOCIATED PRESS

Afghanistan

Afghan soldier who shot U.S. general hid in bathroom

The Afghan soldier who killed a U.S. two-star general and wounded 15 other people hid in a bathroom with a NATO assault rifle, then opened fire when a group of officers from international forces passed by, an Afghan military official said

Wednesday.

As U.S. and Afghan officials investigated the attack Tuesday that killed Maj. Gen. Harold J. Greene, the highestranked U.S. officer to be slain in combat since 1970 in the Vietnam War, authorities reported two other attacks the same day. In the deadliest of the attacks, an Afghan police officer killed seven of his colleagues at a checkpoint, then stole their weapons and fled in a police car late Tuesday.

THE ASSOCIATED PRESS



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Leaders burned in effigy

Activists with the Socialist Unity Centre of India (SUCI) burn effigies of Israeli Prime Minister Benjamin Netanyahu, left, and U.S. President Barack Obama during a protest against Israel's attack on Gaza in Kolkata, India, on Wednesday. BIKAS DAS/THE ASSOCIATED PRESS



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Are we headed toward a robotpocalypse? The future's not ours to see

Que sera, sera.

Experts are split on the impact robots will have on labour by 2025, new study finds

In 2025, self-driving cars could be the norm, people could have more leisure time and goods could become cheaper. Or, there could be chronic unemployment and an even wider income gap, human interaction could become a luxury and the wealthy could live in walled cities with robots serving as labour.

Or, very little could change.

A new survey released Wednesday by the Pew Research Center's Internet Project and Elon University's Imagining the Internet Center found that, when asked about the impact of artificial intelligence on jobs, nearly 1,900 experts and other respondents were divided over what to expect 11 years from now.

Forty-eight per cent said robots would kill more jobs than they create, and 52 per cent said technology will create more jobs than it destroys.

Respondents also varied widely when asked to elaborate on their expectations of jobs in the next decade. Some said that self-driving cars would be common, elim-

No crystal ball here

Aaron Smith, senior researcher with the Pew Research Center's Internet Project, said the results were unusually divided.

In similar Pew surveys about the Internet over the past 12 years, there tended to be general consensus among the respondents, which included research scientists and a range of other thought leaders.

inating taxi cab and long-haul truck drivers. Some said that we should expect the wealthy to live in seclusion, using robot labour. Others were more conservative, cautioning that technology never moves quite as fast as people expect and humans aren't so easily replaceable.

"We consistently underestimate the intelligence and complexity of human beings," said Jonathan Grudin, principal researcher at Microsoft, who recalls that 40 years ago, people said that advances in computer-coding language were going to kill programming jobs.

Even as technology removed jobs such as secretaries and operators, it created brand new jobs, including Web marketing, Grudin said.

And, as Grudin and other survey responders noted, 11 years isn't much time for significant changes to take place, anyway.

Respondents in this latest survey generally agreed that the education system is failing to teach the skills that students need for the future. Smith said some survey respondents criticized the system for promoting memorization of tasks rather than creativity, teaching a "Henry Ford education for a Mark Zuckerberg economy."

Also, the senior researcher with the Pew Research Center's Internet Projectsaid, some respondents concluded that jobs that don't require specifically human traits—such as empathy, ingenuity or resourcefulness—are at risk for being replaced, including low-skill blue collar jobs or even white-collar jobs that have people performing repetitive tasks.

Respondents offered a few theories about what might happen if artificial intelligence takes over some postitions and fewer jobs are created.

Judith Donath, a fellow at Harvard's Berkman Center for Internet and Society, foresees chronic mass unemployment with the wealthy living in "walled cities, with robots providing the labour."

THE ASSOCIATED PRESS



Rover missing? A new phone app could help

This illustration shows how a new smartphone app Finding Rover works. Any worried pet owner who has spent days hanging posters, making phone calls and knocking on neighbours' doors hopes there's a more scientific way to find a lost dog. That became a reality when facial recognition technology successfully reunited a pet at San Diego County Animal Services with its owners. The website keeps a database of photos from the three county shelters and tries to match eight distinctive facial markers on dogs with images uploaded by users searching for lost pets. Eyes and noses are important areas that differentiate pooches, including eye size and their position near the snout. FINDINGROVER COM/THE ASSOCIATED PRESS

Defamation? Hong Kong tycoon sues Google over his autocomplete results

A court has ruled that a Hong Kong tycoon can sue Google over its autocomplete results suggesting he has links to organized crime.

In a judgment released Wednesday, the court dismissed the Internet search giant's objections to tycoon Albert Yeung's defamation lawsuit.

Yeung filed the lawsuit after Google refused to remove autocomplete suggestions such as "triad," as organized crime gangs are known in China, which



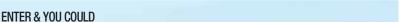
popped up with searches on his name.

The billionaire's business

empire includes an entertainment company that produces films and manages some of the city's biggest celebrities.

He argues that his reputation has been "gravely injured" and wants compensation

Judge Marlene Ng disagreed with Google's lawyers, who argued Yeung was better off asking the websites where the defamatory information was published to remove it. She said Google had the ability to censor material. THE ASSOCIATED PRESS





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Profits down 19%

No blockbuster profits for Cineplex

Several box-office flops and a lack of family movies left Cineplex Inc. suffering the fallout during the first few months of the summer movie season.

THE CANADIAN PRESS

Market Minute



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THE SEVEN LEVELS OF CONCERT HELL

My fellow concert-goers can go to hell.

Each summer I can't focus on the divine bands, the heavenly music, or the right path to the pulled-pork taco stand. Why? Because every concert is overrun with lost souls — empty husks who gorge themselves on watery beer, lurch toward the stage as if nobody else is there, and yell "Whooo!!!" for what are clearly roadies tuning the

Over the years boorish concert-goers have left me disillusioned and angry. Hell is other patrons.

Fortunately, I had a revelation recently that brought me back from the Dark Side of the Moon. Travelling over The Wall and through the Court of the Crimson King, I came upon the Divine Concert Hall, seven levels of concert-themed revenge

that let me know there is Justice For All, eventually. Behold the Seven Levels of Concert Hell. (I know there are normally nine rings, but cutbacks.)

First Circle: The Sulkers. Sin: People who sit scowling, arms folded, because their boyfriend or girlfriend had the nerve



John Mazerolle metronews.ca

dumped for all eternity on the "Breakup Second Circle: The Spillers. Sin: Concert-goers who slosh beer down your back because they bought a tray of five Coors Light for

their buddies in the front row. Punishment: They can order beer, but the plastic cup has a

to grant them free admission to a concert but

(sniff) they don't like the band. Punishment:

Thrust onto hell's Jumbotron, where they are

Third Circle: The Requesters. Sin: Yelling out a request repeatedly despite the band's setlist taped to the stage and a multimillion-dollar light show timed to the music. Punishment: Satan grabs their wrist and whacks their hand against their forehead, saying, "Why

don't you stop hitting yourself?" for all eternity. Fourth Circle: The Talkers. Sin: People who natter like

they're providing descriptive video ("HERETHEY COME ... I LOVE THIS SONG! ... SO AWESOME!"). Punishment: Eternity as a

Fifth Circle: The Phoners. Sin: People who endlessly use their phone, especially for selfies while facing away from the stage. Punishment: Drowning in the shallow pool of their own ego while Satan's minions take Instagram photos tagged

Sixth Circle: The Blockers. Sin: People who arrive late, then push to the front. Punishment: Access granted to the Pearly Gates, but St. Peter never takes their name because there's a guy in front with a girl on his shoulders.

Seventh Circle: The Singers. Sin: Concert-goers who treat your left ear like it's their shower head, belting out tunes so loud it's like you paid \$130 for a pro-am duet. Punishment: Britney Spears without autotune.

That's hell in a nutshell. And I haven't even warned you about the most ironic punishment of all: The least remorseful helldwellers must listen to the song Ironic on repeat while a person next to them says, "You know what's really ironic is that Ironic isn't even ironic!" May God (as portrayed by Alanis Morissette in Dogma) have mercy on your souls.

Plight of the Puffin



before ducking under the rocks to feed its chicks in a burrow on Eas

Tourist help sought by scientists to stop puffin starvation

The Audubon Society wants bird lovers to contribute research to a project scientists hope will help save Atlantic puffins from starvation in Maine.

There are about 1,000 pairs of the seabirds, known for their multi-coloured beaks, in Maine.

Audubon says the number of puffin fledging chicks has declined in the last two years, possibly because their key food source, herring and hake, are leaving for cooler waters. While

the puffin enjoys healthy numbers in places such as Newfoundland, they are on the threatened species list in Maine.

Audubon maintains three webcams on Seal Island in outer Penobscot Bay, one of the key puffin habitats in Maine. Volunteers are being asked to watch the birds and answer questions about their feeding

"(We're) hoping to advance the science as well as entertain the viewers," said Steve Kress of the Audubon Society. "There are some questions that can be better answered through lots of people viewing."

THE ASSOCIATED PRESS

The two-faced bird

Most people only know a puffin when it is "dressed up" for the breeding season and would hardly recognize it in its plainer winter garb.

- After the breeding season, the adult puffin sheds the colourful plates on its bill and around the eyes and moults the feathers on its head and neck.
- The look is so different that people once thought it was a different species.

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MetroTube

We still don't know what he says, but he apparently eats GoPros

WILLIAMS

From bike helmets to surfboards, the pint-sized GoPro lens seems like the go-to device for those wishing to capture their athletic and adventurous feats. Another feat? Managing to chow down on the camera. One little and adorable fox was brave enough to take on the challenge. And luckily for our viewing pleasure, the camera was still rolling. Not so lucky was the destroyed camera, or its owner. (TheOpenLens/YouTube)



GETTY IMAGES



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Losing clothes for a laugh

A peeler parody.

Courageous comedians pant-droppers



One night, comedian Roman Danylo's wife came home with the giggles. She had been to a male stripper per-

That's when it occurred to Danylo that he could get some of his improvisation friends together to do a show.

"Anytime any of us have done an improv show with the performers taking off their shirts, the crowds seem to go crazy, so I thought to myself, 'We have torsos, we could do that!' Male (stripping) is such a main genre, but no one has really done a parody of it."

Just like that, Comic Strip-

Danylo notes this type of performance leaves an actor ... exposed. Overcoming the ultimate stage fright of performing in stages of undress

(although no one is completely nude), is enough to unnerve any professional actor.

"When I first had this idea, I thought I might have trouble convincing some of my Vancouver Theatre Sports League colleagues to go along with the idea. I was expecting my friends to be resistant, but they were on board even the ones who might seem to be a little shy or selfconscious. But once you do

it once, it comes easy after that," he says. "We are sweating like idiots by the end of it. I love the intensity."

Having a good time in their skivvies has left an impression on audiences worldwide. Comic Strippers have already performed in Australia and alongside the authentic Chippendales in Las Vegas. On Aug. 9, they will be at Festival Place in Sherwood Park (100 Festival Way).

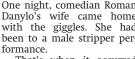
Catch the show

- Admission to the Aug. 9 show at Festival Place is
- Show is 18+, suitable for all genders and promises no extreme nudity.
- Tickets available from festivalplace.ab.ca or Ticketmaster.

dare to be bare in unscripted show about professional



IARAWAY edmonton@metronews.ca



pers was born. Following a troupe of male performers, the unscripted show takes suggestions from the audience to craft a storyline about the men and their lives, both

on and off the stripping stage.
"The audience seems to get the irony, and they seem to know their role, as if they were a fun, crazy audience at an actual show. It's probably the most fun I have ever had. There is no finessing; there is no getting it quite right, like you have to do with other comedy, such as standup. It's just this explosion of ridicul̃ousness."

Dancing 'til they drip

"We are sweating like idiots by the end of it. I love the intensity."

Roman Danylo

Comedian and creator of Comic Strippers

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Travolta's private pilot planning tell-all book about 'our little secret'

A man who claims to have been John Travolta's boyfriend for six years is planning to publish a tell-all book about the relationship, the National Enquirer reports.

'I'd stay in the room next to John in luxury hotels, Greg Gotterba, who acted as Travolta's private pilot at the time, tells the tabloid. "Sometimes he'd bring women along as beards. But

he would ask me to join him in his suite and we'd spend the nights together. It was our little secret.'

Gotterba says his relationship with Travolta ended shortly before the star married Kelly Preston.

"I feeľ sorry for Kelly. She's a lovely person," he adds. "She's in the middle of all this, and it's unfair to



@ElizabethHurley

I confess I'd score a big, fat zero in any chemistry or physics test. Have agreed to sit in on my son's holiday tuition classes. Horror.



@tyrabanks

Sometimes u gotta sit back & reflect on the many great things that have come ur way. Thx @VictoriasSecret for that early career luv



@AlbertBrooks

Just changed all my passwords to 043w590z9awo2391poiw93. Let the Russians figure that one out!

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



I shoulda stuck with movies. O.C. star Barton tells U.K. paper



NED EHRBAR

Guys, Mischa Barton has some regrets — namely taking the role of Marissa Cooper on The O.C.

In hindsight, Barton tells Metro U.K. that she should "probably not" have accepted the role that made her famous.

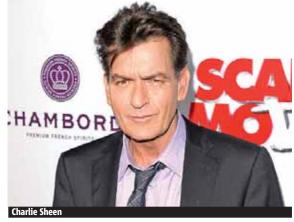
"It's something I came so close to not doing. I had a really great thing with film. People say, be grateful for what you have, but it certainly (was) not the kind

of thing I was expecting it to be. I've kind of seen it all," she says, punctuating her statement, I can only imagine, with a weary sigh and a drag on a Gitanes.

Two more surprising details emerge from this interview: One, Barton is only 28 years old, and two, she has a tenuous grasp of the English language.

Case in point: "I just like to be seen for the hard-working actress that I am and not for a bunch of extraneous press. In general people are super-quick to harbour on the gossipy stuff and less on how much work goes into it," she says. "It's really tough when you are young in this business. People blow a lot of hot air at you.

Ĭ ... OK.



Charlie's off the market according to his new ring

Charlie Sheen's fiancée, porn star Brett Rossi, clearly likes it, because she put a ring on it.

Sources tell Radar Online that Sheen has been wearing a "man's engagement ring" at Rossi's insistence. I'm usually against male jewelry on principle, but I can understand her concern. This is Charlie Sheen, after all.

"Brett forced Charlie to wear the wedding band,

which he is wearing as an engagement ring," a source

"Charlie continues to hang around with other women, which infuriates Brett. It's disrespectful to their relationship, and Brett wants to make it clear that Charlie is off the market."

Whether it's to make it clear to the other women or to Sheen himself, I'm not

No fourth Affleck on way, despite Garner's comfy garb

To be fair, Jennifer Garner has spent a good chunk of the last decade pregnant, so it's understandable that some tabloids would jump to the

conclusion that she and Ben Affleck are

expecting once again just because she was spotted wearing a number of loose-fitting tops recently. Despite claims by OK! and Star that there's

a fourth Affleck child on the way, Garner's rep insists that the reports are "not true."



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He wore an itsy bitsy teenie weenie pair of swim trunks

Significant shrinkage. Today's poolside loungers are leaving little to the imagination

RICHARD PECKETT

This season, the most fashionable men come in small swimwear packages. Chaps are dropping the baggy board shorts in favour of a snugger look. British high street retailer Debenhams has seen sales of tiny trunks rise by 242 per cent — a stark contrast to the women's trend for conservative '50s-style costumes.

Clearly men are taking a tip from the 'bare it all' male celebrities like David Beckham, David Gandy, and even Giorgio Armani.

If you can't beat 'em, throw on a pair of micro swim shorts.



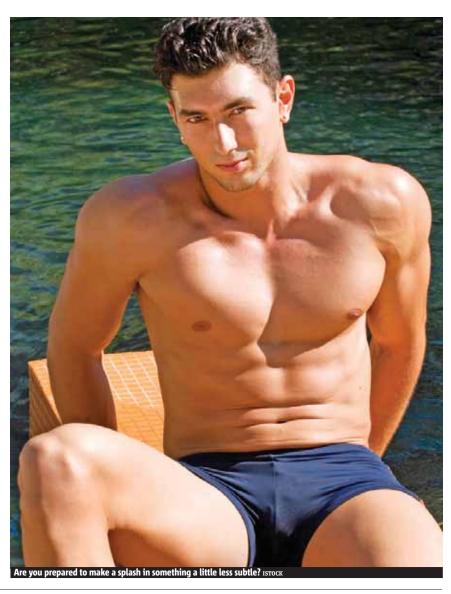
Dan Ward Printed Swim Shorts, \$220. MRPORTER.COM













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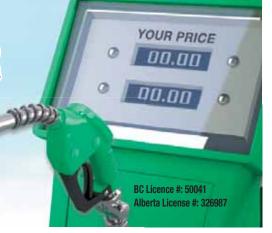
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Simply Health goes above and beyond what most health stores offer. Some feature practitioners in reflexology, live blood analysis and nutritional coaching. There is even access to the highly touted hyperbaric therapy, which is said to improve circulation, reduce inflammation and detoxify the body (among many other benefits) by offering oxygen under pressure in a chamber setting.

weight management products, immune and energy enhancers, joint support products, organic body care, sport nutrition, organic and bulk products, gluten-free, and healthy food items. There are even cosmetics, aromatherapy and other bulk and packaged organic foods, plus ailment-specific products for diabetes, cholesterol, blood pressure, arthritis and "As seen on TV" popular products, too. It all makes the local business your one-stop shop for natural health and healthy living products.

"We're different than mass market and big box stores that carry health products because we have a wide range of product selection with friendly staff who know the products and can help with health-related concerns," says Simply Health franchisor Azim Velji. "People can even browse our natural health books, journals, health articles and clinical studies to enhance their understanding without charge."

As well as featuring monthly product demonstrations, Simply Health holds regular customer appreciation days, with 20 to 25 per



cent off regular-priced products, monthly sales and a loyalty program in which reward points can be converted for cash off merchandise.

With locations at Southgate Centre, Abbostsfield Mall, Meadowlark Centre, Rutherford, Palisades Centre and in Spruce Grove, Simply Health provides full-service health and nutrition care for customers from newborns to seniors. During fall and winter, the focus is on the immune system to help manage cold and flu season. Spring and summer feature

detox and sport nutrition products, meeting customer needs at every turn.

The popular local business also plans to expand into southern Alberta in the near future, and already has the exclusive rights to operate in Sears stores (Kingsway and Southgate Malls) as Sears Health and Nutrition, offering the same quality products and services as all Simply Health stores.

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metronews.ca Thursday, August 7, 2014 metr⊕ LIFE

Five affordable food appliances

Whether you're living in a dorm or off-campus this year, being able to prepare your own meals is the most cost-effective — and often the tastiest — way to eat. Here's a lineup of affordable and stylish countertop appliances to get you through the school year. Bon appetit!





Coffee maker

Single-brew coffee is easy, less messy and the coffee capsules come in a large variety of flavours. Keurig B130 DeskPro Brewing System, \$113, Amazon.ca.



leftover pizza for breakfast. Hamilton Beach's 2-in-1 Toastation not only warms toast but has oven capacity, \$50, HamiltonBeach.ca





Tea kettle

With the price of this baby, you can now afford to upgrade your tea blends. Traditions 1 Litre Automatic Electric Kettle, \$12. CanadianTire.ca









Popcorn popper

Popcorn is cheap but the entertainment and snack factor is priceless. West Bend's Air Crazy Corn Popper, \$19, BedBathAndBeyond.ca

As well as being able

to fire up the cooker

again, the app offers

control over the tem-

perature and cooking

time — great if you're

cooker and adjust it so

that the cooking time

coincides with turning

the key in the front

held up on the way

You can pause the

home.

and shut it down



That's one smart cooker. Crock-Pot with app lets you tap in to cook dinner

Belkin and JCS have teamed up on a smartphone compatible slow cooker which can be controlled remotely from the next room, or even the next city.

Slow cooking is definitely moving back into fashion and, over the holiday season, slow cookers were one of the biggest kitchen appliance gifts, particularly in the U.S. However, while they're a great way of making the perfect stew or making the most of beans and pulses, using one can be time-consuming.

Crock-Pot Smart Slow Cooker uses Belkin's WeMo smart power system

phone app so that you won't need to hang around in the kitchen as it comes up to pressure, as its status can be monitored and adjusted simply through swipes and taps on a handset.

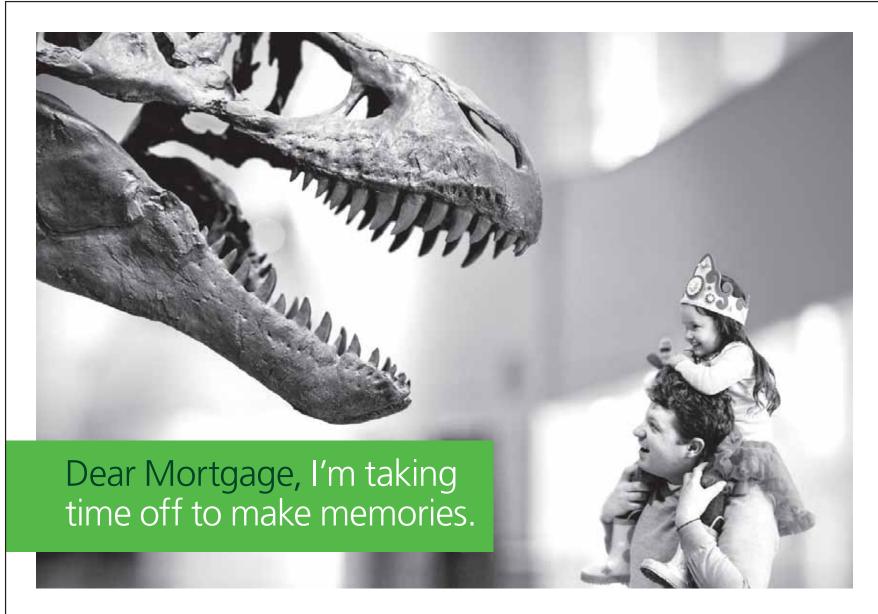
As well as the smart features, the Crock-Pot also has traditional manual controls for taking a more hands-on approach and for those moments when the Wi-Fi router needs resetting and the home network goes down.

The Crock-Pot Smart Slow Cooker enabled with WeMo is available to order now in

\$129.99. AFP The temperature controls also include a warm setting so that something that was cooked the night before can be gently and automatically CROCK-POT. reheated from a distance. The first smartphone-

controlled slow cooker.

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BACK TO SCHOOL

Thursday, Aug. 7, 2014

Start the year right

Good habits. Before the first day of classes, spend time with your kids to prepare them for school

KOVACS

If you are the parent of a school-age child, chances are the first day back to school is akin to New Year's Day. And what's a new year without resolutions - or a new school year with some good new habits?

Here are some to consider: Learn the route. "Make sure they know how to get to school, whether they walk or take the bus," said Vancouver parenting expert Kathy Lynn. To ensure your child is comfortable and confident to get to school on their own, walk the route with them a few times, pointing out what they should be watching for, where they will need to cross the street, and so on. Then, Lynn said, switch roles and have your child walk you to school. With older children who might be taking a bus, Lynn suggested parents take the bus with them a couple of times and then have them try on their own before the first

bedtime. Take advantage of the laid-back scheduling of late summer to note how long your child sleeps before they wake up on their own. That, Lynn said, is a good indicator of how much sleep they likely need every night to be at their best. Then sit together and figure out how much time they need to get ready and leave for school on time. Based on those two things, you can establish a good bedtime. "Get them involved in doing the math," Lynn said. "They'll see it isn't just an arbitrary time and that it makes sense."

Feed their heads. Eating breakfast enables

day of school. Determine the right

> kids to behave, concentrate, learn and perform in school. A recent study by the Food Research and Action Center in Washington found, among other things, that children who don't eat breakfast are more likely to be hyperactive, absent and tardy, as well as have more behavioural and attention problems than children who do eat breakfast. Plus, kids who arrive at school nourished make fewer mistakes

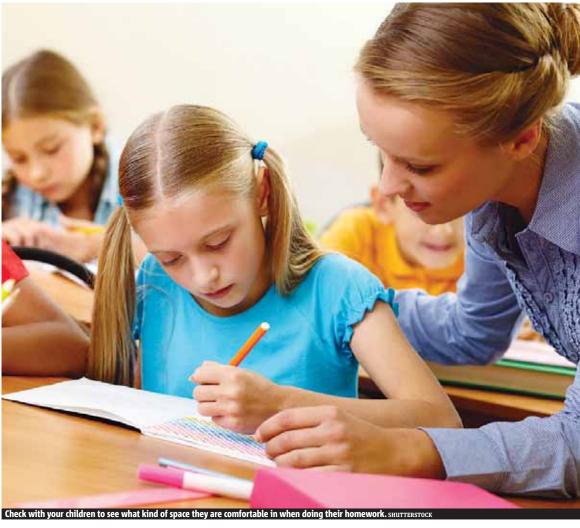
number-checking tests.

Create a study space. Homework is far more palatable when kids have all the supplies they need in an area conducive to their learning style. And that will be different for every child, Lynn said. "Some kids really need to be in the middle of everything so they are best working at the dining room table. Maybe they like the noise or don't want to feel like they're missing out on something. And when you think about

it, most workplaces are busy and noisy." That said, some children really do need a calm, quiet place to work and study. Creating that space in your child's bedroom or a low-traffic area of your home will help them succeed.

Get moving. The relationship between physical activity and good academic performance is well-established. So encourage your child to join school sports teams and pursue physical extracurricular ac-

tivities. Want to really drive the message home? Be active regularly as a family by hiking, biking, walking, or just playing together. Also key here is limiting screen time — a major reason many kids sit around inside instead of heading out for active play. The Canadian Paediatric Society recommends that children between ages five and nine have their screen time limited to two hours per day. And keep those devices out of bedrooms at night, Lynn said.



and work faster in math and

Get in the mood. Take a day off for some reel fun

CARMAN

Summer's end tends to yield different sentiments depending on which side of the school grounds one will stand. While parents revel in the return to a regular schedule, groaning children can virtually be heard nationwide. Gear up your loved ones' scholastic enthusiasm with these fun takes on the classroom.

School of Rock

In this 2003 opus, indefatigable goofball Jack Black is



a starving artist posing as a substitute teacher. With music being his only skill, he quickly shoehorns a class of impressionable youth into a bona fide rock band. Extra credit: A soundtrack packed with some of the genre's most enduring artists including Cream, The Who, Ramones, Led Zeppelin, and more

will get anyone rockin' their way to homeroom.

The Breakfast Club

Sometimes, despite our greatest efforts, a day just doesn't go very well. Set in a daylong



detention, five schoolers from very different backgrounds learn to appreciate one

another in this campy 1985 classic by writer/director John Hughes. Besides, who could forget the indelible ear worm that is theme song Don't You

(Forget About Me) by new wave brigade Simple Minds?

High School Musical

Slated to film its fourth instalment, High School Musical has become an unmistakable franchise. Set a seminary spark at home by watching the tale of two teens vying for

friendship and fame in this 2006 fireball.

Ferris Bueller's Day Off

While no one would condone the actions of this 1986 film's namesake character and his determination to skip school,



he does deserve credit for resolve, especially when encountering a feisty principal, a nasty sister and a series of un-

fortunate - and occasionally expensive — events.

Animal House

Post-secondary education can be a tough time for youth. They are leaving the nest. Why not let

the likes of John Belushi, Tim Matheson and Kevin Bacon enlighten them via this 1978 National Lampoon staple? Wit-



ness the mayhem of a raucous fraternity exacting revenge on an uptight dean as set to the backdrop of stellar '60s rock and soul.





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metronews.ca
Thursday, August 7, 2014

Giving back with a backpack

Me to We. New line of charity, eco-friendly school supplies helps children across the globe

JANE DOUCET

When Canadian students are ready for their back-to-school shopping, they will want to check out an exclusive new line of eco-friendly school supplies available at Staples. The Me to We Back to School Collection includes backpacks, lunch bags, reusable water bottles, tablet sleeves and notebooks.

Founded by Toronto brothers Craig and Marc Kielburger, Me to We is an innovative social enterprise that offers socially conscious products and services, as well as life-changing volunteer trips. Half of Me to We's net profit is donated to its Free the Children charity.

With each Me to We Back to School Collection product purchased, a child or family in a Free the Children community overseas receives a life-changing gift to help them learn without facing hunger, thirst and financial restraints.

To develop the Back to School Collection, Me to We partnered with ACCO Brands Corp. and Staples. ACCO Brands is one of the world's largest suppliers of branded school, office and consumer products; the company designs, markets and sells products in more than 100 countries.

For the Me to We Back to School Collection, ACCO

Brands spent more than a year developing the environmentally friendly products, helping come up with the concept and design, then

"This partnership was a great fit for our company because we support both

manufacturing them.

sustainability and education," said Cristina Franco, the director of marketing at ACCO Brands. As part of Me to

We's Track Your Impact initiative, all of the school supplies come with a unique eight-digit code for buyers to track exactly where their purchase gives a gift.

their purchase gives a gift. Each product provides something different; for example, the backpacks give students school supplies for one year, binders ensure that a tree will be planted, lunch bags give a child a healthy meal, and reusable water bottles provide a

year of clean drinking water for one person.

"We were very excited and proud when this partnership came to life," Franco said. "It's all about empowering Canadian students to make a positive difference in the world by purchasing cute, cool, high-quality school supplies."



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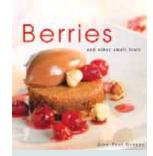


*No purchase necessary. Contest ends September 30, 2014. Correct answer to skill testing question required. For full contest rules and how to enter without purchase, please visit rbc.com/rules. 1 Personal lending products are provided by Royal Bank of Canada® and subject to its standard lending criteria. Some conditions and restrictions apply. 2 Refers to the RBC Student Banking® account with no monthly fee and 25 debit transactions per month. 3 Additional Interac e-Transfers are \$1 each. Totals are not cumulative and, if not used, cannot be carried over into the next applicable monthly cycle or calendar year. Interac e-Transfers to a Facebook contact currently only available for iPhone and iPad. 4 Refers to RBC Rewards® Visa® Gold card. Subject to credit approval. To see a list of eligible credit cards for students, please visit: rbc.com/studentcards. 5 Refers to Purchase Security and Extended Warranty Insurance. Cowpany in the province of Quebec and by RBC Insurance Company of Canada in the rest of Canada. All insurance is subject to limitations and exclusions. ® / Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. *All other trademarks are the property of their respective owner(s).

metronews.ca Thursday, August 7, 2014

Cookbook of the Week

It's berry delicious



Jean-Paul Grappe, a chef and professor since 1956, is a respected francophone culinary professional and one of the most well-known chefs in Quebec.

In his book Berries and Other Small Fruit, Grappe presents 60 recipes that will allow you to savour berries in ways you never imagined.

Among the dishes served up in this release are Blueberry Potato Crepes, Roasted Pork Tenderloin with Gentian Wine Sauce, Duck Montmorency with Cherry Syrup, Plum and Mascarpone Shortcakes, and more. METRO

Give poultry a hint of the exotic

Lychee and Lemon Grass Chicken. Using fruit to accent dishes offers a whole new taste

1. In a Dutch oven, reduce by half the wine, sake, and lemon juice with the lemongrass. Add the lychee juice. Cool.

2. Heat the butter in a heavybottom frying pan. Season the chicken breasts with salt and pepper. Brown them on both sides. Put them into the lychee stock. Marinate for 4 hours on the counter, so all the flavours are infused into the chicken. Add the chicken bouillon to the marinade. Heat to 194 F (90 C), cooking slowly for 20 to 25 minutes. The internal temperature should be 167 F (75 C). Remove the chicken breasts at this point and keep them warm. Reduce the cooking liquid by half.

3. In a saucepan, reduce the cream by half. Mix cold water with the thickener (veloutine or potato starch) in a separate bowl. Add it, a little at a time, to the cooking liquid to achieve the desired consistency (wait for the boil because the starch only begins to work at this point).



Add the reduced cream and adjust the seasoning. Add the lychees and chicken breasts and heat for a few minutes

to 194 F (90 C).

4. Serve with rice and sprinkle with chives.

RECIPE EXCERPTED FROM ROM BERRIES
AND OTHER SMALL FRUIT BY JEAN-PAUL
GRAPPE (FITZHENRY & WHITESIDE,
2014)

Ingredients

- 6 tbsp (90 ml) white wine
- 6 tbsp (90 ml) sake
- Juice of 2 lemons
- 4 stalks of lemongrass
- 1 cup (250 ml) lychee juice, fresh or unsweetened canned
- 1/2 cup (120 g) unsalted butter
- Salt and freshly ground pepper
 4 skinless chicken breasts
- 2 chicken bouillon cubes, homemade or store-bought
- 1 1/2 cups (375 ml) heavy cream (35%)
- 2 1/2 oz (75 g) veloutine or potato starch
- 32 lychees, fresh or unsweetened canned
- 2 oz (40 g) chives, minced

Side. Vegetable Trio with Ground Cherries



Keep the cherries at room temperature for an hour before cooking so they burst open.

1. Heat 1 oz (30 g) of butter in a sauté pan. Add the parsnips, 1/4 cup (60 ml) of water, salt and pepper, and cover. Simmer gently so the parsnips steam. They are perfectly done when they are fork tender.

2. In a heavy-bottom frying pan, heat the rest of the butter. Add the parsnips, green beans, carrots, and ground cherries. On medium heat, sauté them for 4 to 5 minutes, until the

cherries burst open and release their juice. Add the chives.

3. Sprinkle the chervil leaves on top and serve hot.

Ingredients

- 1/3 cup (80 g) unsalted butter
- 12 oz (360 g) parsnips, in rounds
 Salt and freshly ground pepper
- 8 oz (240 g) green beans
- 12 oz (360 g) carrots
- 7 oz (200 g) ground cherries3 oz (20 g) chives, minced
- 1/3 oz (10 g) chervil leaves

For your phone

Wilton Cake Ideas & More (iPhone/iPad/ Android; free)



APP
Kris Abel
@RealKris Abel
life@metronews.ca

You'll find more than 4,000 wild and elaborate cake ideas in this fun-to-browse catalogue that spans floral designs, cartoon characters, and a surprising mix of sherbet pops, cookies, and cupcakes.





Visit ClubMetro.com between August 5 - 8, 2014 to win a pair of Grandstand tickets to the 85th Canadian Derby presented by CIBC, Western Canada's most exciting horse racing event. No purchase necessary, Terms and Conditions apply. For full contest details and terms and conditions, visit clubmetro.com.

Junior hockey

Reinhart tunes out NHL for now

New Buffalo Sabres signing Sam Reinhart wants to focus on nothing else but making Canada's national junior hockey team.

The 18-year-old Reinhart is taking part in Can-ada's one-week development camp being held just outside Montreal. The squad is preparing for the 2015 world junior championship, which gets underway Dec. 26 in Toronto and Montreal.

Reinhart joins 38 other young Canadians vying for a spot on head coach Benoit Groulx's final 22-man roster. The canadian press

Football

Tebow embracing TV job, but isn't giving up on NFL

Tim Tebow still wants and trains for — another NFL opportunity.

Still, while the 26-yearold free agent quarterback waits for another chance to play, he isn't about to let a potential dream job pass him by.

Tebow is embracing his latest passion: working as a football analyst for ESPN's new SEC Network, which debuts

Aug. 14. "I love doing this," an enthusiastic Tebow said on Wednesday. "I want to do this for a long time. I love talking football, and I love being around it." Tebow said his agent

has fielded some calls from interested NFL teams - he declined to name which teams — but added no deal is imminent. THE ASSOCIATED PRESS

Canada has a ray of hope in Raonic

Rogers Cup. Canadian tennis star claws back against Sock to keep Canadian contingent alive at Rexall Centre

Milos Raonic wasn't perfect, but he's still alive at the Rog-

Raonic had his serve going amid some erratic shots as he came back to beat American Jack Sock 4-6, 7-6 (2), 7-6 (4) on centre court Wednesday night at Rexall Centre.

Fans chanted "Let's go Milos" between points, cheering on the last Canadian left in the field. On Tuesday, all four men who played singles were eliminated, and Eugenie Bouchard bowed out in Montreal.

Raonic stunted that momentum with 15 aces that helped offset some struggles in returning Sock's serve. He won 79 per cent of his firstserve points but was broken in the first set to cause the 23-year-old to fall behind.

In the second set, Raonic held serve before blowing out Sock in the tiebreak. He needed another tiebreak to finish off the match.

"There was a little sliver of an opening and I managed to squeeze my way through," Raonic said immediately after the match.

Raonic will face Julien Benneteau of France on Thursday night. Benneteau upset 11th-seeded Ernests Gulbis Wednesday after beat-



nst Jack Sock on Wednesday night at Rexall Centre in Toronto, parren catabrese/the canadian pr

va blows kisses after her 4-6, 6-3, 6-1 win over No. 27 Garbine

ing former world No. 1 Lleyton Hewitt in the first round. By edging Sock, Raonic

can keep his recent momentum going.

AUGMENTED REALITY

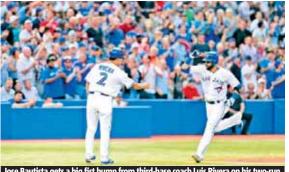
- → Scanthe image with your Metro News app to view a gallery of Wednesday's action in Toronto and Montreal.
- → See the full instructions on Metro's Voices page.



Open in Washington by beating Vasek Pospisil in the first-ever all-Canadian final a month after becoming the first Canadian to reach the Wimbledon semifinals.

Raonic came into the week tied for his career high in the rankings at No. 6. THE CANADIAN PRESS

Blue Jays back in the AL East chase



se Bautista gets a big fist bump from third-base coach Luis Rivera on his two-run nesday in Toronto. andrew francis wallace/torstar news service

Right-hander Drew Hutchison allowed only a home run and a walk over 8-2/3 innings and Jose Bautista homered and drove in three runs on Wednesday as the Toronto Blue Jays snapped a four-game losing streak with a 5-1 win over the Baltimore

Hutchison (8-9) struck out eight and walked one to win for the second time in his past three starts.

A second-inning home run by Chris Davis was the only Orioles hit against him.

The Blue Jays had 12 hits.



Hutchison was removed for closer Casey Janssen after he walked Nick Markakis with two out in the ninth. Janssen retired Manny Machado on a foul to first to end the game.

The second-place Blue Jays (61-54) moved to within four games of the first-place Orioles (64-49) in the American League East and ended Baltimore's three-game winning streak.

The teams play the rubber match of the series Thursday.

Hutchison entered the game with a poor record at Rogers Centre this season, 2-5 with a 7.71 earned-run average over his eight starts there before Wednesday. He is 5-4 with a 3.27 ERA in 14 starts on the road this season.

THE CANADIAN PRESS

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

M Aries

March 21 - April 20

Something out of the ordinary will happen today that you will be able to take advantage of. A few days from now you will be singing your own praises!

Taurus

April 21 - May 21

The planets will give you the chance to be of service to someone who does not share your strength of character. What you do for others now will, one day, come back to you.

∐ Gemini

May 22 - June 21

Today's Sun-Mercury link will do wonders for your confidence and popularity. Just remember that it's not possible to accept each and every invitation.

Gancer

June 22 - July 23

Money isn't everything but it has its place in the world and with more of it you'd be able to do some of the things you have dreamed about. Use your talents in a more focused way.

€? Leo

July 24 - Aug. 23

The planets will give a major boost to your self-belief over the next 24 hours and before the day is over you will have started something that has the potential to transform your life.

M Virgo Aug. 24 - Sept. 23

Cosmic activity in Leo may at times make you doubt yourself but today you have enough mental energy to overcome that negative outlook.

△ Libra

Sept. 24 - Oct. 23

You'll come into contact with people who share your ideals. They'll also boost your belief that you can make a difference by working with others.

III Scorpio

Oct. 24 - Nov. 22

A career change is likely soon. Whether it is a change you make or a change that is forced on you remains to be seen but if you do feel so inclined then make the first move.

プ Sagittarius Nov. 23 - Dec. 21

No matter how busy you may be you won't be satisfied until you have booked a vacation or promised friends that you'll visit them over the weekend. Travel

brings out the best in you.

り Capricorn

Dec. 22 - Jan. 20

You have fears that can hold you back from fulfilling your potential, but today's influences will help you confront them and overcome them.

⋄ Aquarius

Jan. 21 - Feb. 19

If there is someone you want to get closer to, you must let them know how you feel. On the work front, too, the more you open up to others, the more they will want to do for you.

H Pisces

Feb. 20 - March 20

You may be the sort who spends more time dreaming than doing but today the planets will inspire you to take a more hands-on approach.

Crossword: Canada Across and Down by Kelly Ann Buchanan

14

17

20

23

45

51

38

Across

1. Grind to 6. Shopping estab.

- 9. Colorado resort 14. Lenny Kravitz's alias in his early career, Blue 15. Yes: French
- 16. Depart 17. Celebrity chef
- offerings 19. fork 20. Toronto's Univer-
- sity and Danforth, e.g. 21. Communication syst.
- 22. __-neck sweater 23. Bird bill
- 24. "Every __ You Take" by The Police 26. Verdi opera
- 29. Movie category
- 31. Nice money amount: 2 wds.
- 33. Alien sitcom 35. Gomer __ (Jim Nabors role)
- 36. Inventor Mr. Whitney
- 37. "Electric Pow Wow Drum" DJ crew
- from Ottawa: 4 wds. 42. Baby for Kanga
- 43. Viva voce 44. Letters for T-shirt
- sizes 45. __ of Parliament 47. Ex-Montreal
- baseball team
- 51. Parkay, for one
- 52. PEI part 56. Compass pt.
- 57. Scandinavian rugs 59. Record co.
- 61. Warship-related 63. Joey ___, New-foundland's first provincial Premier, in 1949
- 65. Laud 66. Apple devices platform

60. Wholly

67. foundland 68. "This is sudden!"

58

69. Medical pros 70. Canadian guitarist Mr. Cook

Bay, New-

15

40

63

69

59

16

19

60

- Down 1. Denys __ (Canadian
- movie director) 2. Vacuum†cleaner company
- 3. Particular protozoan
- 4. Monetary units in Albania 5. From A (Stepby-step)
- 6. Archie Comics character 7. "__, Fran and Ol (Classic puppet TV _, Fran and Ollie" show)
- 8. Poetic contraction 9. And 10. St. Lawrence 11. 100th Anniver-

- sary! Calgary luxury hotel which opened in 1914: The Fairmont
- 12. Ms. Longoria
- 13. Mr. Beatty 18. Paddle
- 22. Pops in the freezer
- for a bit
- 24. Rocky (Sylves-
- ter Stallone role)
- 25. Texter's sign-off
- 27. Mr. Hill of "The
- West Wing"
- 28. During 30. Spring month in
- Montreal
- 32. Considered 34. "__ Bueller's Day
- Off" (1986)
- 35. Chum
- 37. Son of folk legend Woody
- 38. Work hard
- 39. City in Quebec
- 40. Islets 41. Gladiator's 560
- 46. Lorde song
- 48. Eva and Juan in "Evita" (1996)
- 49. Kitchen's tears
- inducers
- 50. E-Mail getter, say
- 53. Squeezed fruit
- 54. Gather
- 55. Naught 58 Choir voice
- 60. " is me.'
- (Sniff, sniff)
- 61. PBS funding org. 62. GNR's Mr. Rose
- 63. Gentleman's title
- 64. President after JFK

Yesterday's Crossword

¹A	c	, r	*A	°M		°A	'nв	°c	8		8	"c	"I	
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See today's answers at metronews.ca/answers



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

1	3	7	5	6	2	8	9	4
9	5	4	8	1	3	6	7	2
2	0	8	4	9	7	5	3	1
3	8	5	1	7	6	4	2	9
7	4	9	3	2	5	1	6	8
6	1	2	9	4	8	3	5	7
5	7	1	6	0	9	2	4	3
B	2	3	7	5	4	9	1	6
4	9	6	2	3	1	7	8	5

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		1	5		7	8		

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